

ptsd poetry qigong kundalini pdf

PTSD Healing Poetry, Qigong, Reiki/Kundalini Practitioner November 25 at 6:30 AM Â. Time is so very precious, so do not waste it on things you cannot change; rather concentrate on what you need to do to keep yourself in good spiritual, physical, and emotional 'form.'

PTSD Healing Poetry, Qigong, Reiki/Kundalini Practitioner

PTSD Poetry, Qigong, Kundalini Reiki Universal Energy Healing Hands Book: Group Or Self-Help PTSD Healing Poetry Articles - Kindle edition by Risa Ruse. Download it once and read it on your Kindle device, PC, phones or tablets.

PTSD Poetry, Qigong, Kundalini Reiki Universal Energy

Contact me for a poetry and or Qigong, Kundalini Reiki healing consult. As an experienced Social Worker skilled in Veterans PTSD, victim turned victor twice of PTSD (once as a child losing my mother to suicide and then as a mother) I share the healing of negative emotions (one or two at a time in rhyme) that make it a safe place to heal.

PTSD Poetry, Qigong, Kundalini Reiki Universal Energy

PTSD healing poetry, Reiki, and Qigong energy releases negative emotions to promote healing of the mind, spirit, and body.

PTSD Poetry, Reiki, Qigong healing - Risa Ruse

I am a Qigong, and Kundalini Reiki Practitioner, and experienced Social Worker skilled in Veterans PTSD. I was a victim, and now turned victor twice of PTSD (once as a child losing my mother to suicide and then as a mother.) I use this process giving Workshops on PTSD Healing in Poetry that will become standard practice.

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Qigong Removes PTSD As Christ Rebukes Demons

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Risa Ruse. PTSD healing Poetry, Universal Healing, and Qigong Practitioner, Author/Poet. ... I explain how Qigong and Kundalini Reiki erase even more blockages to put us back into our True Self ...

Risa Ruse - Reiki/Qigong Practitioner, PTSD Poetry

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