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The Tibetan name for their land, Bod འབྲུག་ཡུལ་, means "Tibet" or "Tibetan Plateau", although it originally meant the central region [citation needed] around Lhasa, now known in Tibetan as འབྲུག་ཡུལ་. The Standard Tibetan pronunciation of Bod, [pɛ̃˦˥.ɛ̃˦˥.ɛ̃˦˥], is transcribed Bhāṅ in Tournadre Phonetic Transcription, Bāṅ in the THL Simplified Phonetic Transcription and Poi in Tibetan pinyin.

Tibet - Wikipedia

The U.S. Central Intelligence Agency's (CIA) Tibetan program was a covert operation during the Cold War consisting of "political action, propaganda, paramilitary and intelligence operations" based on U.S. Government arrangements made with brothers of the Dalai Lama, who himself was not initially aware of them. The goal of the program was "to keep the political concept of an autonomous Tibet ...

CIA Tibetan program - Wikipedia

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Jainism Founded by Mahavira - lived between 599 and 527 B.C.E. Belief that everything in the universe has a soul and because of this should not be harmed Had to take occupations that would not harm any creature
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Esoteric Buddhism in Japan Esoteric Buddhism (Mikkyō 密教) is Japan's version of Vajrayana, or Tantric Buddhism. It originated in India sometime in the 6th century and then spread quickly throughout Asia (see above text and map).

Vajrayana (Tantric) Buddhism - Guide to Buddhism

Bradley Mayhew was born in Sevenoaks, Kent in 1970 and currently lives in Yellowstone County, Montana, USA. A degree in Oriental Studies (Chinese) at Oxford University kickstarted 20 years of independent travel in the remoter corners of Asia, and a career writing guidebooks.

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